

DECATUR COUNTY SCHOOLS

SEPTEMBER 2008 MIDDLE SCHOOL LUNCH MENUS

Orders Due Friday, July 25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	Early Release Day 4	5
Breakfast (Cereal w/ Fruit Juice or Fresh Fruit daily)				
	Cereal or Muffin 100% Juice Milk	Twin Sausage Biscuit 100% Juice Milk	Pop Tart w/Ham Slice Fresh Fruit or Juice Milk	Egg Muffin Sandwich 100% Juice Milk
LUNCH				
LABOR DAY HOLIDAY	Chicken Nuggets w/ Honey Wheat Roll OR Cheeseburger Choice of 2 Mashed Sweet Potatoes Lima Beans French Fries Rosy Applesauce Fresh Fruit Dessert Brownie Cookie	Spaghetti w/ Garlic Bread OR Hot Dog Choice of 2 Corn on the Cob Garden Peas Garden Salad Diced Peaches Extreme Fruit Bites Dessert	Chicken Sticks w/ Cornbread OR Seafood Basket Choice of 2 Cole Slaw Black-Eyed Peas Macaroni & Cheese Dill Spear Fresh Fruit Dessert Lemon Lush	Pizza OR Chicken Quesadilla w/ Salsa Choice of 2 Potato Rounds Raw Veggies w/ Dip Broccoli w/Cheese Pineapple Tidbits Fresh Fruit Dessert

Orders Due Friday, August 8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8	9	10	11	12
Breakfast				
Pancake Pup 100% Juice Milk	Breakfast Chicken Sandwich 100% Juice Milk	Twin Sausage Biscuit 100% Juice Milk	Pancake Griddle Sandwich Fresh Fruit or Juice Milk	Double B Morning Roll 100% Juice Milk
LUNCH				
Chicken & Rice w/Roll OR Hot Wings w/Dip and Roll Choice of 2 Veggie Sticks w/Dip Potato Rounds Green Beans Peach Pop Fresh Fruit Dessert	Country Steak w/Gravy Honey Wheat Roll OR Hot Ham & Cheese Sandwich Choice of 2 Broccoli w/Cheese Mashed Potatoes Garden Salad Minute Maid Juice Bar Fresh Fruit Dessert	Chicken Sticks w/ Roll OR BBQ Sandwich Choice of 2 Curly Fries Baked Beans Cole Slaw Dill Spear Mixed Fruit Fresh Fruit Dessert Cowboy Cookie	Shepherd's Pie w/ Cornbread OR China Blue Eggroll w/Sweet & Sour Sauce Choice of 2 Steamed Cabbage Garden Peas Raw Veggies w/Dip Fresh Fruit Strawberry Cup Dessert	Pizza OR Beefy Nacho Grande w/ Salsa Choice of 2 Mexican Corn Tossed Salad Applesauce Fresh Fruit Dessert Sherbet
Prepackaged Fried/Grilled Chicken Salad	Prepackaged Chef Salad	Prepackaged Taco Salad	Prepackaged Chef Salad	Prepackaged Fried/Grilled Chicken Salad
Choice of: Skim, 1%, Lowfat Chocolate, Lowfat Strawberry Milk or Calcium Fortified Juice Served Daily				

Due to the market and business factors, Decatur cannot guarantee that this menu will not be adjusted between the time it is posted and the point of service.

This Institution is an Equal Opportunity Provider and Employer

DECATUR COUNTY SCHOOLS

SEPTEMBER 2008 MIDDLE SCHOOL LUNCH MENUS

Orders Due Friday, August 15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
Breakfast				
Twin Sausage Biscuit 100% Juice Milk	Pancake Pup 100% Juice Milk	Snack n Waffle 100% Juice Milk	Breakfast Pizza Bagel 100 % Juice Milk	Breakfast Bun w/ Sausage 100% Juice Milk
LUNCH				
Beef Stew w/Rice OR Breaded Chicken Sandwich Choice of 2 Carrot Coins Green Beans French Fries Cry Baby Ice Fresh Fruit Dessert	Popcorn Chicken w/ Honey Wheat Roll OR Hamburger Choice of 2 Lima Beans Corn on the Cob Sweet Potato Fries Trail Mix Fresh Fruit Dessert Strawberry Shortcake	Salisbury Steak w/Gravy Cornbread OR Spicy Chicken Sandwich Choice of 2 Southern Greens Seasoned Rice French Fries Blushing Pears Fresh Fruit Dessert	Oven Fried Chicken w/Honey Wheat Roll OR Steak Nuggets w/ Roll Choice of 2 Mashed Potatoes Black-Eyed Peas Broccoli Diced Peaches Fresh Fruit Dessert	Manager's Choice OR Choice of 2 Dessert

Orders Due Friday, August 22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22	23	24	25	26
Breakfast				
Hot Pocket 100% Juice Milk	Cereal or Muffin 100% Juice Milk	Twin Sausage Biscuit 100% Juice Milk	Pop Tart w/Ham Slice Fresh Fruit or Juice Milk	Egg Muffin Sandwich 100% Juice Milk
LUNCH				
Tacos w/Salsa OR Chicken Salad w/ Saltines Choice of 2 Green Beans Golden Corn Garden Salad Peach Pop Fresh Fruit Dessert	Chicken Nuggets w/ Honey Wheat Roll OR Cheeseburger Choice of 2 Mashed Sweet Potatoes Lima Beans French Fries Rosy Applesauce Fresh Fruit Dessert Brownie Cookie	Spaghetti w/ Garlic Bread OR Hot Dog Choice of 2 Corn on the Cob Garden Peas Garden Salad Diced Peaches Extreme Fruit Bites Dessert	Chicken Sticks w/ Cornbread OR Seafood Basket Choice of 2 Cole Slaw Black-Eyed Peas Macaroni & Cheese Dill Spear Fresh Fruit Dessert Lemon Lush	Pizza OR Chicken Quesadilla w/ Salsa Choice of 2 Potato Rounds Raw Veggies w/ Dip Broccoli w/Cheese Pineapple Tidbits Fresh Fruit Dessert
Prepackaged Fried/Grilled Chicken Salad	Prepackaged Chef Salad	Prepackaged Taco Salad	Prepackaged Chef Salad	Prepackaged Fried/Grilled Chicken Salad
Choice of: Skim, 1%, Lowfat Chocolate, Lowfat Strawberry Milk or Calcium Fortified Juice Served Daily				

Due to the market and business factors, Decatur cannot guarantee that this menu will not be adjusted between the time it is posted and the point of service.

This Institution is an Equal Opportunity Provider and Employer

DECATUR COUNTY SCHOOLS

SEPTEMBER 2008 MIDDLE SCHOOL LUNCH MENUS

Orders Due Friday, August 29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	October 1	October 2	October 3
Breakfast				
Pancake Pup 100% Juice Milk	Breakfast Chicken Sandwich 100% Juice Milk	Twin Sausage Biscuit 100% Juice Milk	Pancake Griddle Sandwich Fresh Fruit or Juice Milk	
LUNCH				
Chicken & Rice w/Roll OR Hot Wings w/Dip and Roll Choice of 2 Veggie Sticks w/Dip Potato Rounds Green Beans Peach Pop Fresh Fruit Dessert	Country Steak w/Gravy Honey Wheat Roll OR Hot Ham & Cheese Sandwich Choice of 2 Broccoli w/Cheese Mashed Potatoes Garden Salad Minute Maid Juice Bar Fresh Fruit Dessert	Chicken Sticks w/Roll OR BBQ Sandwich Choice of 2 Curly Fries Baked Beans Cole Slaw Dill Spear Mixed Fruit Fresh Fruit Dessert Cowboy Cookie	Shepherd's Pie w/ Cornbread OR China Blue Eggroll w/Sweet & Sour Sauce Choice of 2 Steamed Cabbage Garden Peas Raw Veggies w/Dip Fresh Fruit Strawberry Cup Dessert	Professional Development Day

Orders Due Friday, August 29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 6	October 7	October 8	October 9	October 10
Breakfast (Cereal w/ Fruit Juice or Fresh Fruit daily)				
			Breakfast Pizza Bagel 100 % Juice Milk	Breakfast Bun w/ Sausage 100% Juice Milk
			Oven Fried Chicken w/Honey Wheat Roll OR Steak Nuggets w/ Roll Choice of 2 Mashed Potatoes Black-Eyed Peas Broccoli Diced Peaches Fresh Fruit Dessert	Manager's Choice OR Choice of 2 Dessert
FALL BREAK				
Prepackaged Fried/Grilled Chicken Salad	Prepackaged Chef Salad	Prepackaged Taco Salad	Prepackaged Chef Salad	Prepackaged Fried/Grilled Chicken Salad
Choice of: Skim, 1%, Lowfat Chocolate, Lowfat Strawberry Milk or Calcium Fortified Juice Served Daily				

Due to the market and business factors, Decatur cannot guarantee that this menu will not be adjusted between the time it is posted and the point of service.

This Institution is an Equal Opportunity Provider and Employer